

Ambassador Times





Connecting Hearts.....Connecting Minds...

From the Principal

'It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change'- Charles Darwin

Wise men say 'Change is the only constant'. True their words are but all these years that I have been associated with Ambassador, what has not changed (thankfully) and what never ceases to amaze me is the fact how much the children have to offer in their own unique way. Their minds are so active, thought processes imaginative, enthusiasm abundant, ready to take risks and accept changes. It is a privilege to be in an environment where we have staff who find ways of nurturing and channeling such varied gifts and talents into learning, and also stimulate a sense of community. With school and home working together, even the most reserved find confidence.

As educators, we enjoy our students' journey of growth from little acorns to large Oaks! Our belief that we are following the right path, gets validated time and again when past pupils come to visit and reminisce how much they enjoyed their time here learning, relearning

and intellectual growth and how this protective and sheltered environment in its own small ways prepared them with the much needed confidence to take on the challenges of the outside world.

Over the years the school has established an environment where all are encouraged to find their strengths, become confident, independent people with a firm sense of tradition, and team spirit. The spirit of Ambassador is hard to depict in words and pictures, but we hope your and your children's experiences give you an insight that our educational ethos are simple and straightforward – to give every child the strength, resilience, determination and opportunities so that learning becomes their champion, their inspiration and the opportunity to stretch themselves further than they ever imagined possible.

Our journey so far would not have been successful without the incessant support of our students, staff and parent community and governors who continue to motivate us to challenge ourselves more and often to move onwards and upwards accepting changes, strengthening the thought that 'All magic happens outside the comfort zone!'

We intend to continue to build on our successes and look forward to the future as we work together to help students reach their full potential.

Sheela Menon
Principal



Highlights of the Month

MONOLOGUE COMPETITION



YOUNG SCIENCE INNOVATOR

MATHLETICS COMPETITION



ISLAMIC CONCLAVE

HIGHLIGHTS OF THE MONTH

FIRST LEGO LEAGUE 2022

FIRST LEGO LEAGUE 2022 - CHAMPION'S AWARD RUNNER UP
Ambassador Team BLOOM selected for the national level competition "Saving fuel saves lives "was a part of the project done with the use of solar panel cloth on the cargo ship. The 2nd model was a precision perfect container dimension calculator designed using sensors to create perfectly measured cargo boxes ,keeping in mind the use of energy efficiency.

The CORE values were depicted with the SUNFLOWER
A Group of 10 students participated in the competition. Edwin Mathew the team leader, Shlok Bhat ,Sai Shrenik ,Shlok Pillai ,Atharv Bansal , Dev Shiva Kumar Asiya Hitawala, Shivani Baporikar, Veer Hotwani and Patrina Isac.

The team was highly appreciated for the innovation, the practicality of the energy saving idea and very professional approach to the presentation

Congratulations Team' Bloom' and STEM coaches@ ASD

We are so proud of this incredible achievement!

All the best for the national meet!



HIGHLIGHTS OF THE MONTH

DIPLOMATHON DUBAI 2022



Winners of Diplomathon Dubai 2022

'In a world of complex threats, our security and leadership depends on all elements of our power - including strong and principled diplomacy' -Barack Obama

It was truly a moment of glory when 34 students of Ambassador Dubai attended a competition of intelligent minds thinking critically on key issues of the world and came out as the winner. 36 schools and 450 students participated in a two day program brain storming on problems that can be solved only through diplomacy. Such programs are helpful for our children to know and understand the reality of the world outside the protective environment of school and home. However their tender age sees the world from a different perspective, perhaps way simpler and with greater clarity in solving complex situations, only through collaboration, cooperation and diplomacy, bending a little to adapt and adopt without changing the larger picture and position. Our students with reflective minds and mature thinking proved their mettle in the competition.

Our heartiest congratulations to the winners.

Excellent performance students! We are very proud of this achievement!



MOTHER'S DAY

Students poured out their love and hugs through handmade cards, loving messages and creating Happy Coupons for their mothers!



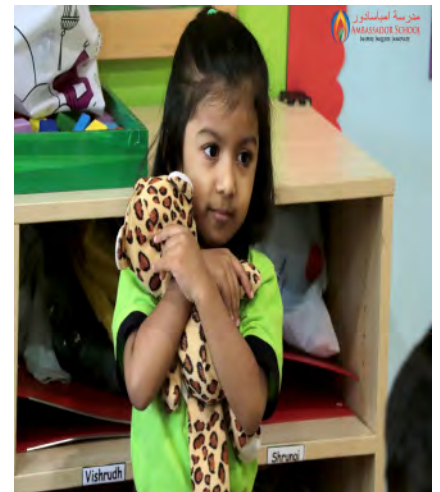
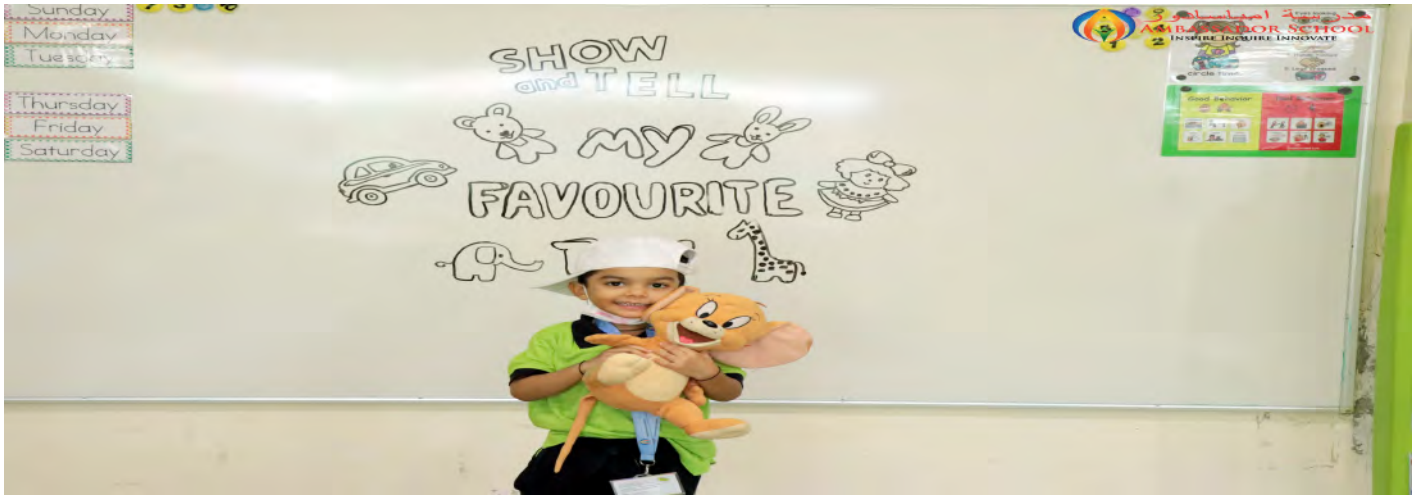
RAINBOW DAY

A fun filled and colorful day at Pre Kindergarten where students learned and enjoyed spraying colors on a white canvas to create a beautiful Rainbow effect and help them identify different colors that we see around us.



SHOW AND TELL – MY FAVORITE TOY

At PreKindergarten, students displayed their lovable playmates, their favorite toy to their friends and teachers in classroom and spoke about their likeness for them. The event promoted their confidence and language skills.



FIFA

FIFA has been around for years, and has accomplished many things for the game of soccer. It still continues to accomplish great things. In Paris, France on May 21, 1904, Federation Internationale de Football Association, or FIFA, was created. The

goal of this organization was to hold championship soccer matches between professional teams from different countries, and to make improvements for the game of soccer.

FIFA takes place once every four years, 32 countries, 150 staff, 350 players and counting and millions of fans. FIFA World Cup 2022 will be hosted by the State of Qatar. Many Fans from all over the world have already planned their trip and booked those tickets. So, if you're a big soccer fan what are you waiting for?! Book those tickets! It'll be the experience of a lifetime.



By Sarah Lobo
Grade 12

THE INDIAN PREMIER LEAGUE

The Indian Premier League (IPL), officially known as TATA IPL is a professional men's Twenty20 cricket league contested by a number of teams each representing various Indian states. The league was founded by the Board of Control for Cricket in India (BCCI) in 2007. It is usually held between March and May of every year. The first season was slated in April 2008.

Mumbai Indians are the most successful team in the league's history with 5 titles followed by the Chennai Super Kings who have won 4 titles. The current champions are the Gujarat Titans who defeated Rajasthan Royals by 7 wickets in the final of the 2022 season securing their first title.

The Indian cricket team is doing well in all formats of the game and currently ruling the world of cricket. IPL has played a great role in that. IPL has filled the gap between Ranji Trophy and Indian cricket team. Because of this platform, players now get a chance to exhibit their prowess and have an opportunity to play and train with great players.

Many of these young Indian players come from lower socio- economic backgrounds and have been able to make a name for themselves through the IPL cricket series. IPL cricket games has also given them fame like no other.

One great example is of Ab De Villiers who was also auctioned in IPL 2008 as an uncapped player. Now he is one of the greatest batsmen to have played in cricketing history. He himself has credited the role of IPL cricket games in his growth and subsequent performances.

Entertainment is what the audience crave, and IPL is a cricket league that has proved to be an excellent combination of cricket and entertainment. The cricket contest has earned tons of accolades and fame for the last 12 years and continues to do so with an enhanced economy. From the managing staff, the groundskeepers, players, coaches, staff, etc., the tournament has generated employment worldwide and has emerged as one of the largest and most successful sports events worldwide.



By Ferick Justin
Grade 12

ATTITUDE OF GRATITUDE

All of us want our kids to do well; be well and grow up to be successful human beings in the future. As parents, this is a great time for us to build that future; and some of the basics that all of us can do is instilling values that will hold them strong lifelong; even during adversities.

You'll be surprised by how much a young child picks up from us. They are closely observing us; the way we walk, the way we talk, the way we deal with situations, the way we react and more. If you observe their language closely you can often hear the words you use. Once we are aware of this; the best we can do for our children is be role models and start practicing what we want to see in our children. It can be discipline, gratefulness, creating new habits and more. The important thing is to **Start With You.**

We all tell our children to say 'Thank you' while accepting a compliment or a gift. This is a great beginning and there are many more ways in which we can create an 'Attitude of Gratitude' as a family. Here are some ideas

Keep a gratitude jar to consciously write notes for the things we are thankful and put it in the jar. Do it yourself and kids would love to participate. At the end of the month, pull the notes out and have fun reading it out to each other.

Keeping a journal / diary as part of your morning routine. Take a few minutes to write down 3 things that you are thankful for daily. Most of us tend to look for things that are going wrong around us as we have been conditioned to do so. Times have changed and so have circumstances. It might seem difficult in the beginning; but what we are doing here is flexing our muscles and looking for what is going right and well in our life.

Practice writing thank you notes to people who have made a difference in your life. It could be for seemingly small gestures or even something big.

Expressing your gratefulness in words by calling your co-workers, friends or family. Even though these may seem trivial; it makes a big difference to the person receiving it.

Continue to keep this Attitude of Gratitude and shine the light for a better future generation.

By Jyothi Iyer

Mother of Ananya Rajesh Raghavan
Grade 2A

HOW CAN I GET MY KIDS TO PUT DOWN THEIR PHONES?

As annoying as constant texting is, it's a normal part of life for many kids. Staying in touch with friends is important to tweens and teens. When we parents were teens, we talked for hours on the phone! Now the same kind of contact happens through texting.

However, if cell phone use is getting in the way of family time, homework, and other responsibilities, it might be time to help your kid manage his or her phone time. Help kids find space for face-to-face conversations. Put phones down during key conversation times such as dinner or car rides.

Model the manners and behavior you want to see. Avoid texting in the car. Consider narrating your phone use ("I'm looking up directions to the party") so young kids understand the utility of the device. Make sure to excuse yourself if you have to interrupt a family moment to attend to your phone.

Charge kids' phones in your room at night. Removing their phones can give kids a needed break.

Establish consequences for problematic phone use. If your kids are having trouble putting the phone away when you ask or are engaging in other problematic phone-related behavior, consider instituting temporary time or location limits. Some wireless carriers offer parental controls that let you set daily phone-use limits, and some apps can disable your kid's phone when he or she hits a limit.

<https://www.common sense media.org/articles/how-can-i-get-my-kids-to-put-down-their-phones>



By SEN Department

TEACHERS AS THE MULTITASKERS

'Education is not the filling of a pot but the lighting of a fire.'

It is very interesting to look at how the role and perspective of teachers have evolved over some time in the eyes of students. Back then when we were students, our teachers were the perfect figures who never needed any modification or improvement. For us, teachers were the perfect figure to rely on and were our encyclopedia. Even when our parents tried to correct some concepts taught by our teachers, we would argue saying, 'My teacher taught me correctly and she can never go wrong.'

We live in a world that is rapidly evolving through technology. This evolution has led to changes that influence how we as a teacher function day by day. The influences of technology have become abundant in almost every aspect of our current society, including in our educational systems. As expectations have risen within our classrooms, for both students as well as us teachers, we are seeing more and more educational technology being implemented into the academic world and at all levels and the surge of what we call multitasking.

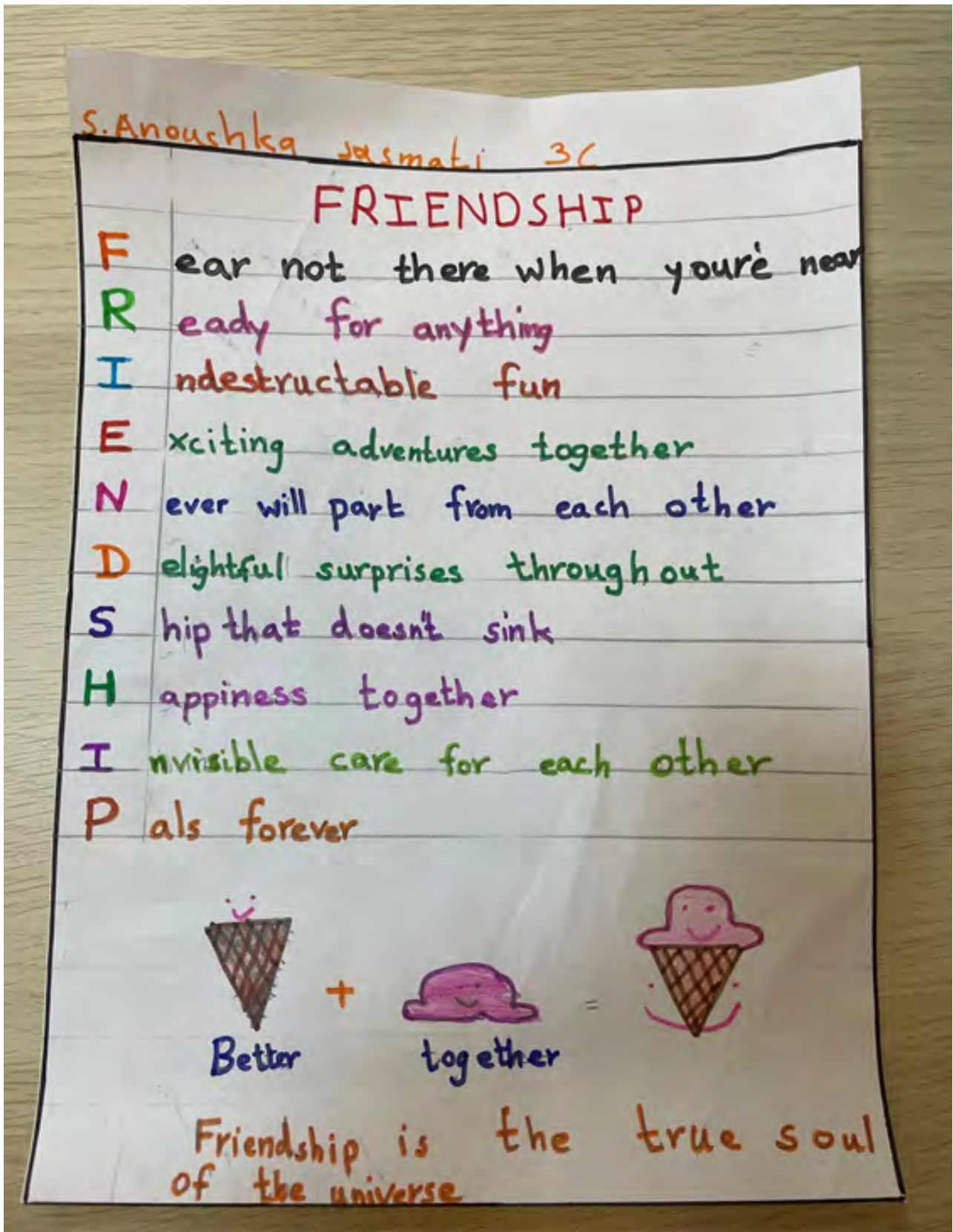
One of the most impressive aspects of humans is the ability to manage and execute multiple tasks. Human beings have always could do several things at once. Multitasking of teachers has gathered increased critical attention in recent years. As a teacher, we are expected to be knowledgeable not only in our subject but also in other domains so that an open-minded and accessible way of teaching is delivered to students. Thus, in this technologically advanced world, we have to make sure to reach up to the expectations set by our students in their way of learning to keep up the learning interest of our students. Apart from being a multitasker, we teachers are still students to learn this new technique to be used while delivering an interesting lesson. The most thought-provoking reality is that now, it is not just us who are trying to enlighten our students but our students have also taken up the role to educate us teachers on the use of technology and new inventions. Gone were the days when teachers were called a perfectionist. But now, as a teacher, I feel proud to be part of a world where the teaching-learning process turned out to be a two-way process that leads to better understanding and builds a rapport between the two of us.

By Anjali Adarsh Krishnan
Department of English

ARTIST ARENA



By Saharsh Sajeer
Grade - 3A





My First Attempt at Baking

Inside me there was a pain
As I saw something on my friends face
Oh! It's a tear stain
I tried to be empathic
Looking very sympathetic
So I went with a bunch of white flowers
They were sad for couple of hours
A little sympathy brought
All their sadness to a drought

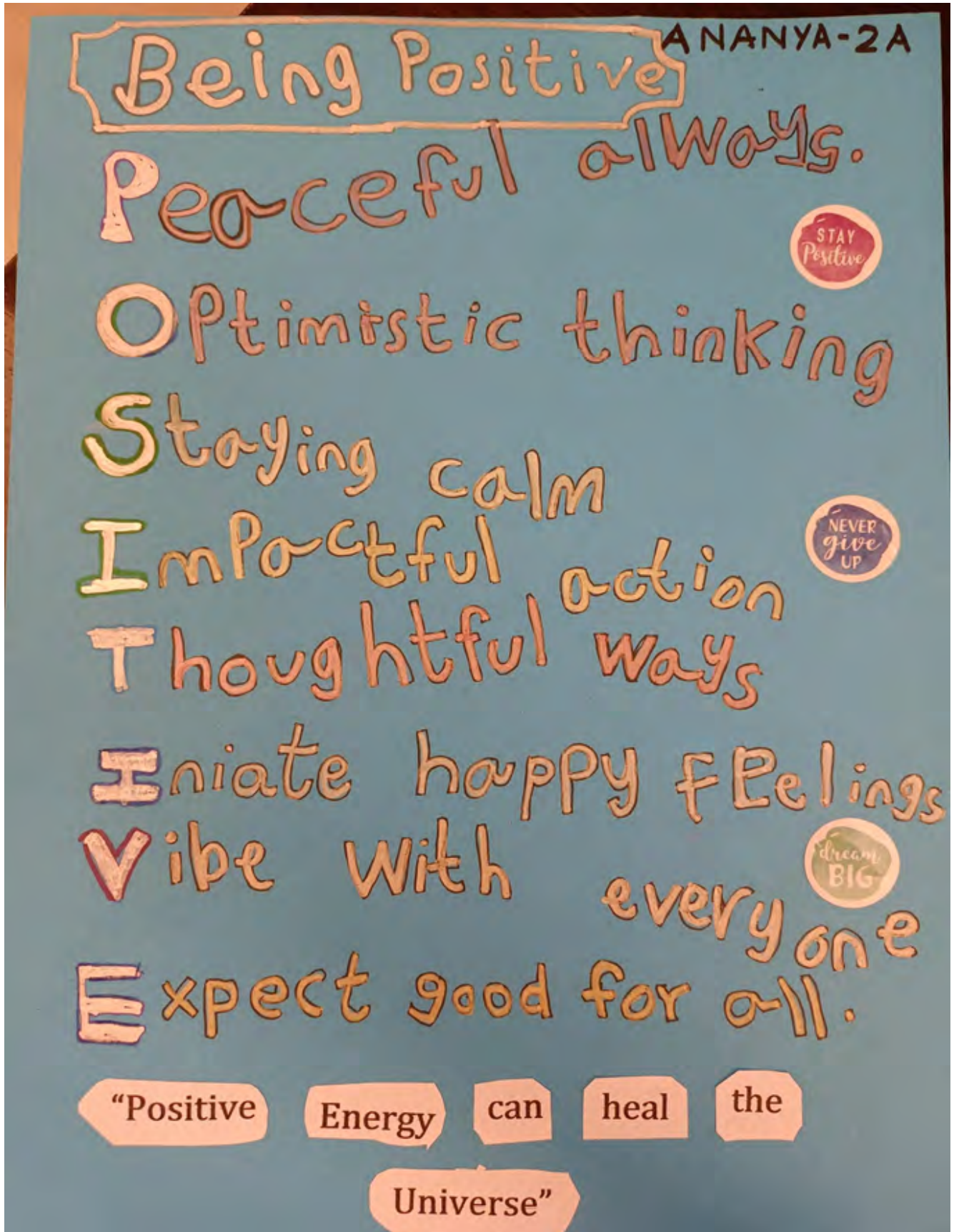
By Aiza Fatima
Grade - 4C



By Sarah Husain
Grade - 00

FRIENDSHIP

Friendship is a bond,
that travels with you,
even when you're on the moon
It takes you to a happy life,
from the land of gloom
It gives you smile,
if you have a tear
And makes you



By Ananya
Grade - 2A

WORDSMITHS' WALL



By Yana Malpani
Grade - 2D

SUMMER IN GOA

It's summer in Goa,
And, yes,
It's everywhere.
In the orchards,
In the gardens,
In the fields.
Yes,
Everywhere!

There are cashews and mangoes,
Jackfruits and jambools,
Jasmines,
And more!

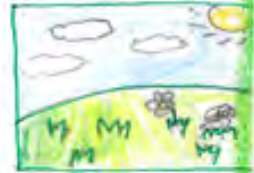


By Inesh Sachin
Grade - 3D

Be Kind to Animals

A short story by Chris - 3A

It was a sunny day. I decided to go for a walk. While I was walking,



I saw my friend in the garden. He was searching for something, I asked, "what are you doing?"

He said that he was trying to hunt for animals to sell it and make money.



I was shocked to hear that. I told him that we should take care of these animals as living things like us. They also have feelings like us. We need to protect them because they are a part of our ecosystem. If



we protect them our Earth will be protected. Listening to my advice my

friend told he would stop hunting



them and would be kind to the

animals and take care of them.



MOTHERS ARE PRECIOUS

Dear mom, ♥♥♥

LOVE YOU
MOM

Like a nurse, you take care of what hurts.

Like a map, you help us find our way.

♥ SUPER
MOM

Like a superhero, you can save the day.

Like a library, you share your knowledge.

Like a Friend, you always listen.

MOM
WOW

Like a tissue, you dry our tears.

Like the ocean, you're always there.

Like no one else, you love us.

♥♥♥

by Sadhana
3B



My Favourite destination

My favourite destination is my grandparents town in phogawara in (Punjab).

This town is very calm and peaceful and not over crowded like other towns. It is indeed a

great joy to spend few holidays there. There is air

fresh all around. There are the green fields present a very beautiful sight. The food is very simple and healthy. I like my grandparents house very much.

FRIENDSHIP



Someone who always besides you, who loves you, who cares about you, who helps you in need and is the most special treasure. A person is someone special we can share all our feelings with whom. It is called "friendship".

By - Shreyasree
Grade 3C

WORDSMITHS' WALL



By -
Vivaan V.
Gohil
4B

By Vivaan V
Grade 4B

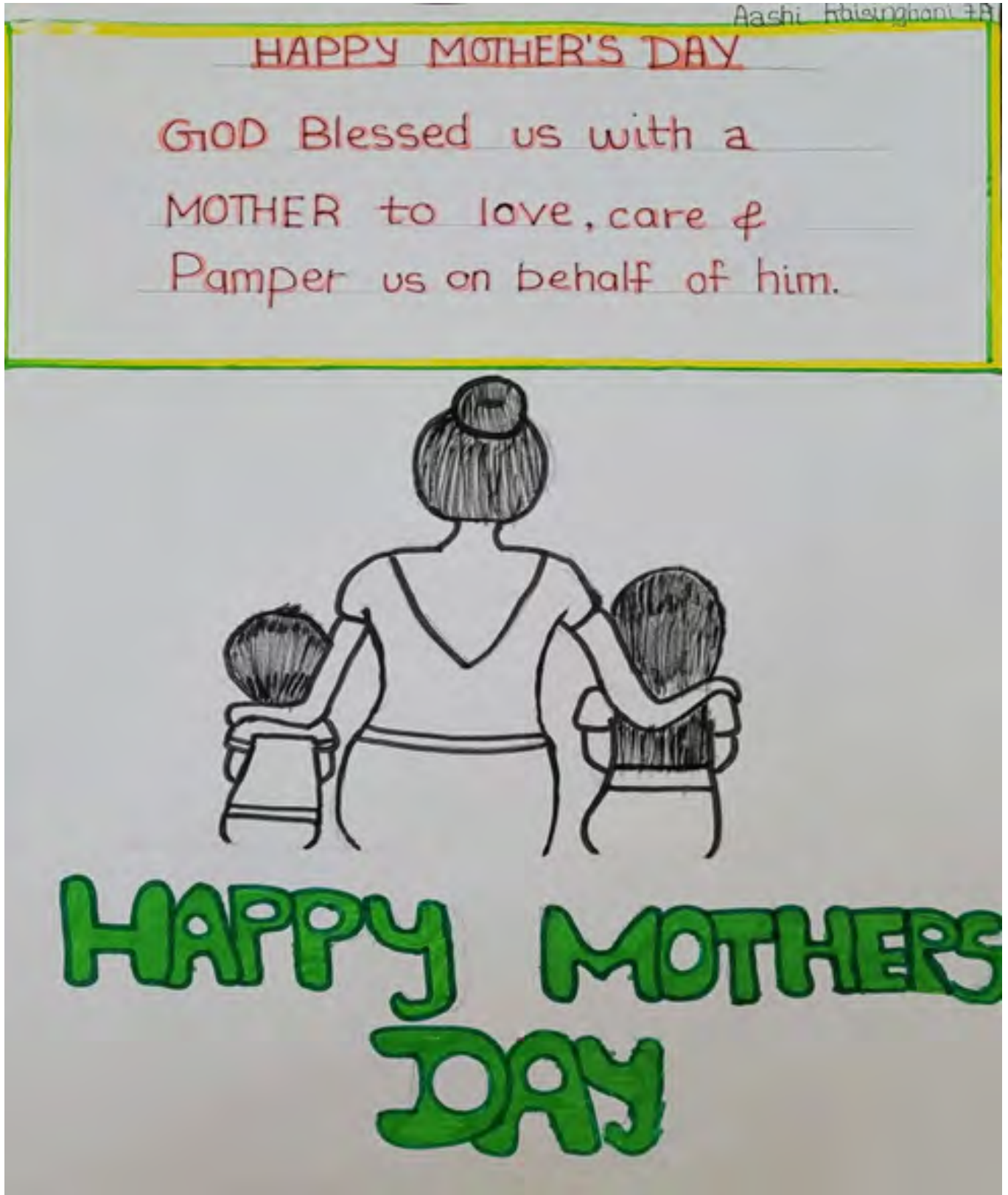


FAMILY; WHERE LIFE BEGINS AND LOVE NEVER ENDS.

Founded by the United Nations (UN) in 1994, the International Day of Families is observed every May 15 to honor the importance of families. Families—both traditional and non-traditional—are the foundation of society. Our most formative years are spent with our families and those people are likely the most important people in our lives, so they should be celebrated. Let's spend time today finding ways to protect the family unit in society by starting at home with our own. Every family is unique, and there are countless stories, memories, and adventures we all have shared with our families that are significant only to us. It is also very easy to take our family for granted, so take this day as an opportunity to share with your family how you feel about them and how grateful you are to your parents, siblings, and even extended family for providing you with the necessities of life.

By Reem Riza
Grade 9B

WORDSMITHS' WALL



By Aashi Jain
Grade 7A

CROSSING LIMITATIONS AND BOUNDARIES

Dance is not just a hobby or a passion, it's an art, one of the greatest ways of expressing your perspectives and thoughts. Dance is an art that has a fathomless charisma that leave not only the audience speechless but also the dancer in amazement of the enticing and mystical spell it casts on his/her body movements and expression .

I find truly inspiring is how people who are faced with disabilities also pursue this art. I recently stumbled across a story of a woman named Kitty Lunn. She met with an accident that broke her back and led to her becoming paraplegic. When somebody is paraplegic, it means that there had been an adverse impact on their ability to move the lower half of their body. Before her eyes and the eyes of the world it seemed as though her dancing career could no longer be continued. However, later she realized the only person holding her back, was herself. She went through physical therapy and after extreme efforts was able to attend her very first ballet class after the tragic incident. Since then, she has developed her own style of dancing for people who have similar disabilities, she has been teaching and choreographing by means of her own company, Infinity Dance theatre. She was the founder of this company whi-



By Anjali Sharat
Grade 00



Zero Hunger

World Food Day is celebrated to spread awareness about global hunger and to show people they should be grateful for the food they eat and also encourages people to share food with the less .privileged

By **Nimisha Sarkar**
Grade 7B

Step Away

Trying to win an argument or staying in a bad circumstance will just feed your aggravation.

When your anger is increasing, one of the finest things you can do is to remove yourself from the situation if possible.

Talk to a friend

Talking out a problem or expressing your concerns to someone who has a soothing influence on you may be beneficial. Similarly, if you're going to talk to a buddy, make sure you're working on a solution or lessening your anger rather than just ranting

Get Moving

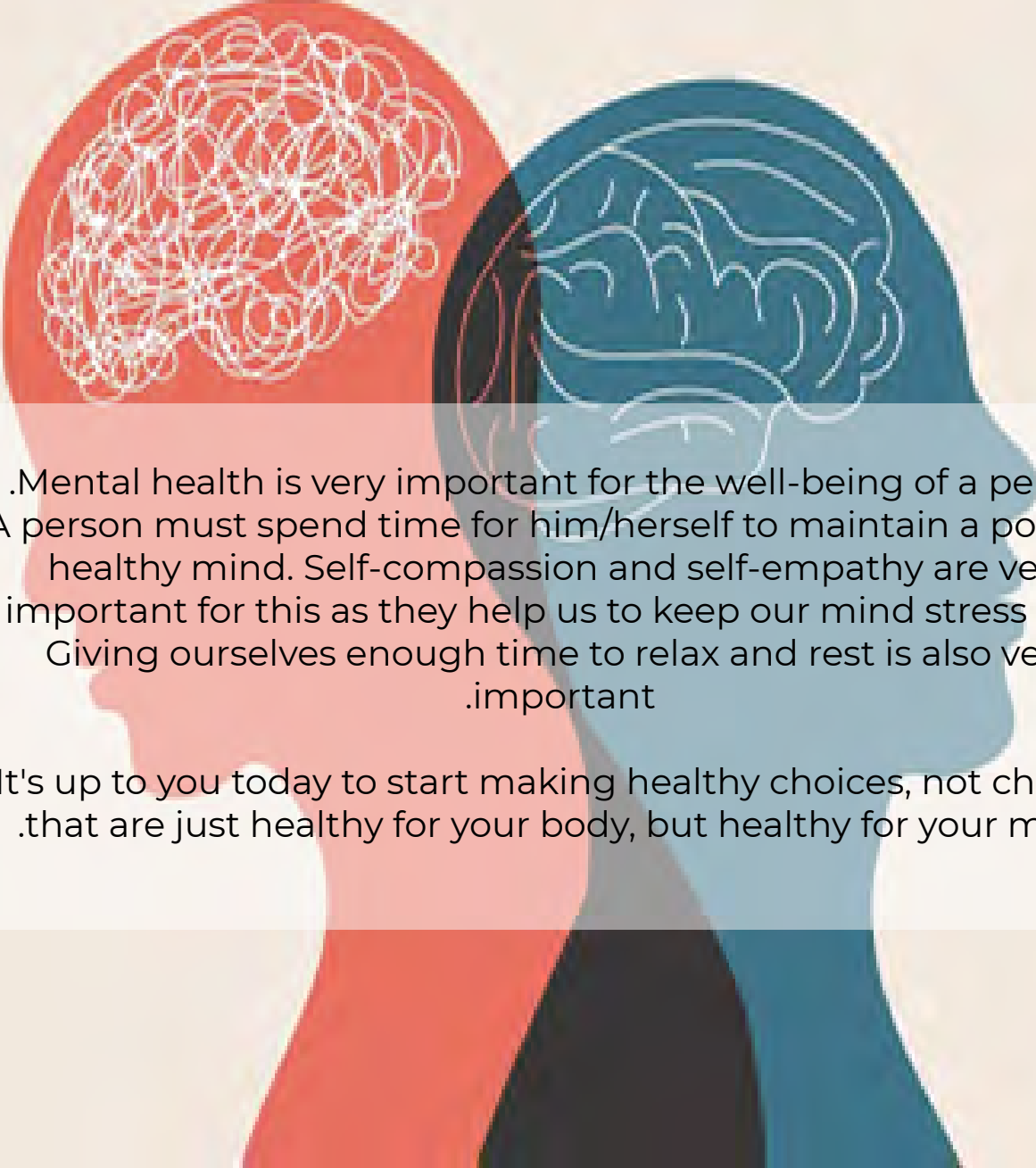
Anger provides a surge of energy. Physical exercise is one of the finest ways to put the surge to good use. Working exercise, whether it's a brisk stroll or a trip to the gym, can help you get rid of stress. Regular exercise also aids in decompression. Aerobic activity decreases tension, which may help you cope with frustration better.

BY Varshini Seshan

By Varshini Seshan

Grade 00

Mental Health



.Mental health is very important for the well-being of a person
A person must spend time for him/herself to maintain a positive,
healthy mind. Self-compassion and self-empathy are very
important for this as they help us to keep our mind stress free.
Giving ourselves enough time to relax and rest is also very
.important

It's up to you today to start making healthy choices, not choices
.that are just healthy for your body, but healthy for your mind

By Naman D
Grade 00

CELEBRATIONS GALORE

YOUNG SCIENCE INNOVATOR 2022 INTERSCHOOL COMPETITION



MATHLETICS INTERSCHOOL COMPETITION



CELEBRATIONS GALORE

INTER SCHOOL MONOLOGUE COMPETITION



INTER SCHOOL ASD ISLAMIC CONCLAVE 2022



ASD ISLAMIC FEST 2022

A plethora of competitions and activities were conducted between 10th and 13th May, 2022 as a part of the 4th ASD ISLAMIC FEST 2022. The list of competitions included the Qira'at Competition, JAM (Just a Minute) Islamic Speech Competition and Islamic Nasheed Singing. The 'Project Making Competition' on Quran and Science and the 'Expert Talk' session by students garnered high praise. It was extremely encouraging to see a few non-Islamic students also taking part and winning accolades in our Islamic Fest.

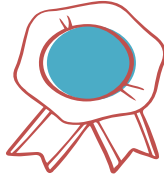


WEDNESDAY WELLBEING

“You have to take responsibility for your own happiness”- Reese Witherspoon
A pleasant work environment leads to higher efficiency and the team naturally becomes more constructive.

In order to enhance wellbeing of the staff, ASD conducted a wellbeing session on 25th May for all the teachers. Teachers participated in various activities like art, dance and music. It was an opportunity to channelize their creative talents and spend some quality time with their colleagues.





HALL OF FAME

FIRST LEGO LEAGUE 2022 - CHAMPION'S AWARD RUNNER UP

Ambassador Team BLOOM selected for the national level competition "Saving fuel saves lives" was a part of the project done with the use of solar panel cloth on the cargo ship. The 2nd model was a precision perfect container dimension calculator designed using sensors to create perfectly measured cargo boxes, keeping in mind the use of energy efficiency.

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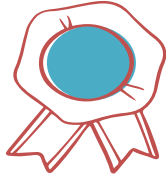
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Winners of Diplomathon Dubai 2022

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Well-being Calendar - June



1

Decide to look for what's good every day this month-

Train your mind to see the good in everything. The happiness of your life depends on the quality of your thoughts.

2

Say positive things in your conversation with others-

The things you say about others, also say a lot about you.

3

Re-frame a worry and try to find a helpful way to think about it-

We cannot solve our problems with the same level of thinking that created them.

4

Take a photo of something that brings you joy and share it-

Joy is what happens to us when we allow ourselves to recognize how good things really are.

5

Get out into green space and feel the joy that nature brings-

With every walk in nature one receives far more than he seeks.

6

Do something healthy which makes you feel good-

You can't enjoy abundance of wealth if you're not in good health.

7

Find joy in music, sing, play, dance, listen or share-

Music is the literature of the heart. It commences where speech ends.

8

Ask a friend what made them happy recently-

The happiest people seem to be those who have no particular cause for being happy except that they are so.

9

Bring joy to others by doing something kind for them-

Doing good to others is not a duty, it is a joy for it increases our own health and happiness.

10

Eat good food that makes you happy and really savor it-

Eating healthy, clean and nutrient-rich food fills your body with energy.

11

Write a gratitude letter to thank someone-

Take a little extra time to send a letter to your loved one saying your grateful to them for some or the other reasons.

12

Take a light-hearted approach. Choose to see the funny side-

A simple smile, that's the start of opening your compassion to others.

13

Share a happy memory to someone who mean a lot to you-

We must find time to stop and thank the people who make a difference in our lives.

14

Look for something to be thankful for where you least expect-

Sometimes when you least expect it, good things happen.

15

Speak to others in a warm and friendly way-

Treat people the way you want to be treated. Talk to them the way you want to be talked to. Respect is earned not given.

16

Take time to notice things that you find beautiful-

Beauty is how you feel inside, and it reflects in your eyes. It is not something physical.

17

Look for something good in a difficult situation-

Remember that in difficult times, we don't give up. We don't discard our highest ideals. No! We rise up to meet them.

18

Get outside and find the joy in being active-

If you truly love nature, you will find beauty everywhere.

19

Rediscover and enjoy a fun childhood activity-

Find activities to help you relax and de-stress.

20

Send a positive note to a friend who needs encouragement-

Today will never come again. Be a friend, take time to care. Let's your words heal, and not wound.

21

Watch something funny and enjoy how it feels to laugh-

Laughter is the best calorie burner.

22

Create a playlist of uplifting songs to listen to-

With the right music, you either forget everything or you remember everything.

23

Bring to mind a favorite memory you feel grateful for-

It's not happiness that brings us gratitude. It's gratitude that brings us happiness.

24

Show your appreciation to people who are helping others-

Appreciation can make a day, even change a life. Your willingness to put it all into words is all that is necessary.

25

Make time to do something playful, just for the fun of it-

Even though you're growing up, you should never stop having fun.

26

Be kind to you. Do something that brings you joy-

Do what brings you joy, and your purpose will unfold.

27

Notice how positive emotions are contagious between people-

Happiness is contagious. When you're positive, people are naturally drawn to you.

28

Share a friendly smile with people you see today-

Your smile will give you a positive countenance that will make people feel comfortable around you.

29

Make a list of the joys in your life and keep adding to it-

Very little is needed to make a happy life, it is all within yourself, in your way of thinking.

30

Spread the motivational words on social media-

Don't use social media to impress people, use it to impact people.



مدرسة امباسادور
AMBASSADOR SCHOOL
INSPIRE INQUIRE INNOVATE