

June 2023

Monthly Newsletter

Ambassador Times





Connecting Hearts.....Connecting Minds...

From the Principal

"You yourself, as much as anybody in the entire universe, deserve your love and affection."-

- Buddha

Dear Parents,

As we come to the end of another successful first term at Ambassador School, Dubai, let me express my heartfelt gratitude to you for your continued support for our school. I applaud your effort and interest for working in partnership with us to ensure that our children have a wonderful learning experience.

Our School Vision, Mission and Values continue to lead our work to fully develop all students as Scholars, Global Citizens, Innovators and Creators with the right values in place. This work demands high expectations from our teachers, support staff, parents, and students. These high expectations are producing positive results. Below are a few of the key achievements of this term:

- * **Ambassador School, Dubai has been declared as the Finalist in the 'Best Indian Curriculum School in the UAE Category' Award!**
- * **Shortlisted in the 'Best Mainstream School for Students of Determination' Award!**
- * **Shortlisted in the Best School in the UAE for Post 16 Education' Award!**

The overwhelming impression of all these accomplishments is two-fold. Firstly, the quality of the students' learning, their success in many national/ international events and board results tell us how highly they are performing. Secondly, we see smiles on their faces in what they are experiencing at school. The feedback from so many parents after the PTMs tells us of the pride they take in what our students are imbibing, learning and achieving - from the young ones who are learning the basic skills to the senior students who have gained highly-ranked University places, all students are demonstrating the aspirations and qualities we wish to see, plus they seem to exceed our expectations every time! I cannot stop myself from saying how proud I am of each and every student of our school!

Having put in a lot of hard work for a long time, students, teachers and parents rightfully are looking forward to the much deserved summer break! Students, you along with your parents may have already planned how and where you are going to spend your vacation. This is where I am reminded of the words of Pico Iyer, a renowned travel author, 'We travel, initially, to lose ourselves; and we travel, next to find ourselves. We travel to open our hearts and eyes and learn more about the world than our newspapers will accommodate'. Travel you must for fun, relaxation but do remember to observe, reflect, learn something from your travel destinations, write travel vlogs / blogs and bask in the glory of life and its various gifts!

With thoughts of success, happiness and exciting times ahead, I wish you all a wonderful summer break and we look forward to seeing you back again, raring to go for next term on 28th August, 2023!

Warm regards
Dr. Sheela Menon
Principal



Highlights of the Month

MATHLETICS -2023



RAIMBOW DAY



HIGHLIGHTS OF THE MONTH

MATHLETICS -2023

The participation of over 8 schools from different Emirates made the Inter-school Mathletics at ASD one of the term's most anticipated, exciting and surprised filled program. The program had only one mission: to provide a platform that showcased intelligence, diligence, critical thinking communication skills, creativity and innovation.

Be it Math Coders, for students of grades 4 and 5 or the Math Excelerators for middle school participants, Mathonators for senior students, or Math Drama Dash and Math Rap Fusion opened to all categories, Mathletics had a single point outcome: bringing out student engagement and student collaboration in excelling the challenges given to them.



HIGHLIGHTS OF THE MONTH

E-WASTE COLLECTION CAMPAIGN

The E-Waste Collection Campaign at Ambassador School Dubai was launched on 5th April through 5th June, 2023 with the aim of promoting environmental consciousness and responsible e-waste disposal among students, staff, and the local community.

The primary objectives of the E-Waste Collection Campaign were to raise awareness about the environmental impact of e-waste and the importance of proper disposal, encourage students, staff, and the local community to responsibly recycle their electronic devices and promote sustainable practices within the school community. After two long months of many activities organized, running innumerable awareness programs on hazards of e-waste and need for safe disposal, putting up informative banners, alerts and circulars on school portal, the end result is one of greatest satisfaction with that fulfillment of having done something good for the community, for the society and the planet as a whole.

Collaborative efforts and partnership with local recycling company named 'Enviroserve' specializing in e-waste management was an added score to Ambassador School's Environment Drive. The campaign received an overwhelming response from students, staff, and the local community. Positive change in attitudes towards e-waste, adopting sustainable habits is one such huge aim achieved by ASD. All collected e-waste was properly collected, either to be recycled at authorized recycling centers or for safe disposal by partnering company.

We thank our parent community for the unwavering support in this initiative!





School Celebrated the Environment by wearing the colors of the Earth with a message of Save the Planet and making it sustainable. Green Team held a special presentation for KG1 and KG2 to reinforce and bring awareness on the harmful effects of Plastic, reduce the use of Plastic while replacing them with ECO friendly products! The Student took home paper bags envelopes and pencil holders made in art classes to show how we can make useful things out of waste! The classroom displayed the exhibits shared by the parents where they made diy crafts and useful items out of waste!



AMBASSADOR KG



A drumming session was organized by Dubai Drums for Pre KG on Thursday, 8th June, 2023. It was a wonderful experience for our young learners to refine their sense of rhythm and beats and communicate through music! It was musical and therapeutic!





“Touch has a memory” – John Keats

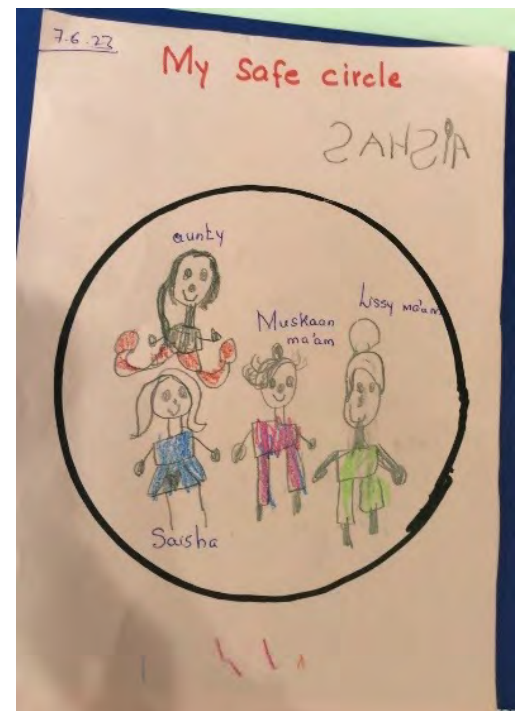
A session was conducted on Good touch and Bad touch through a short video and an interactive session by the Inclusion department.

The little ones were made aware of the following points:

The Safe circle at home, school and other places.

Safety rules to protect oneself.

It was an interactive and a great learning session for our little ones. We wish our kids to be smart and be safe. They should be encouraged to be brave and courageous and have a voice to express.





A picture is worth a thousand words, While words convey a thought, pictures express emotions and ideas that underlie! Inspired by the above 'Kinder Poster Fest' an inter school poster making competition with the theme 'Save the Planet' was conducted by Ambassador School Dubai.

The results were delightful :

'Buds Public School' was the overall second runner-up!

Delhi Private School, Sharjah took home the overall runner - up trophy!

Ambassador School Dubai bagged the Overall Winner trophy

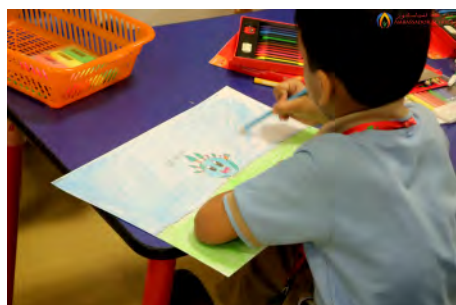
Bhoomi Salvi from Ambassador School won the gold medal.

Aizel Arora from Delhi Private School, Sharjah won the silver medal

Nayaara Khurani from Ambassador School won the bronze medal in the individual category!

The real victory today is not just the earned medals and the trophy

But Kinder Poster Fest's attempt to bring together the brightest young minds across the U.A.E to showcase their passion for art and creativity!



AMBASSADOR KG



KG 2 students participated in inter house activities during the PE sessions. The did side to side jumps and Flamingo balancing in limited time to score points for the team. Besides the physical development goal the idea inculcates was of unified team work and develop sportsman ship. It was fun and the cheering of the friends for the team was simply heart warming!





Father's day and International Day of Yoga was celebrated together with a special session of Musical Yoga with a collection of rhythmic 'asanas', Laughter Yoga and Meditation poses held for Fathers and little ones to inculcate the importance of Yoga to enhance our Body, Mind and Soul. In class the dad's were welcomed by little ones singing an affectionate song and giving away beautiful cards as take away. The one minute game and the art was definitely a bonding time for dads and their child!



THE IMPORTANCE OF TEACHING MORAL VALUES IN PARENTING

Parenting is a difficult job, but it becomes even more challenging when parents are tasked with instilling moral values in their children. In today's society, children are exposed to a wide range of influences, and it is up to parents to ensure they grow up with a strong moral compass.

Teaching moral values is essential because it lays the foundation for how children will interact with others, make decisions, and handle difficult situations. Values such as honesty, respect, responsibility, and kindness are essential for children to develop a sense of empathy, self-awareness, and emotional intelligence.

Children who grow up with a strong set of moral values are more likely to make ethical decisions and behave in a socially responsible way. They are also better equipped to navigate challenges and setbacks in life, which can help them build resilience and a strong sense of self.

It is important for parents to model the behaviour they want their children to emulate. Children learn by example, so parents should strive to be honest, respectful, and responsible themselves. Additionally, parents can use everyday opportunities to reinforce moral values, such as praising their child for sharing or showing kindness to others.

In conclusion, teaching moral values is a critical part of parenting. It is an investment in a child's future that will pay dividends for years to come. By instilling strong moral values, parents can help their children become well-adjusted, socially responsible adults.

Vanshika Tuteja
Parent of Kevin Tuteja
KG 1 - B

GENRES AND LEGENDS

Let's begin with country music
a genre somewhere lost
Country Roads by John Denver
is a treat without any cost

A self-made legend- Michael Jackson
the one and only king of pop
This genre undoubtedly
still remains strong at the top

You hear them scream you hear them roar
people at their concert, are like sands on the shore
Rock music is what Gen Z call their own
I'd like to ask them, ever heard of the Rolling Stones?
Listening to music
off a radio or even from your favourite show
sets no boundaries to a season
be it summer, winter, rain or snow

Each one's liking if different
every taste is unique
Are you looking for a real mood changer?
Music is all you need.

By Silvia Anchan

THE SCHOOL OF MY DREAMS

Every school student holds a treasure trove of dreams and aspirations, representing the seeds of their potential. As they navigate through their educational years, these dreams become the driving force behind their growth, achievements, and contributions to society. This article is a reflection of my thought on the significance of dreams and aspirations for school students and highlights the role of schools in nurturing and supporting them. Dreams serve as beacons of hope and inspiration, igniting the passion and motivation within school students. They provide a sense of purpose, enabling young minds to envision a brighter future and set meaningful goals.

Dreams instil a belief in the possibility of success, pushing students to strive for excellence and overcome obstacles along their educational journey. Schools play a crucial role in cultivating and nurturing the dreams and aspirations of their students. By providing a supportive and empowering environment, educators can encourage students to dream big and think beyond limitations. Engaging in goal-setting exercises, career guidance programs, and exposure to various disciplines can broaden their horizons, allowing them to explore diverse pathways and discover their true potential. Empowering students to pursue their dreams involves fostering a growth mind-set and developing essential skills.

Schools aim to prioritize equipping students with critical thinking, problem-solving, and communication abilities, enabling them to navigate challenges and seize opportunities. By offering mentorship programs, internships, and extracurricular activities, schools facilitate holistic development and help students gain practical experiences aligned with their aspirations. The pursuit of dreams often involves setbacks and failures. Schools should foster a resilient mind-set, teaching students that setbacks are steppingstones to success and encouraging them to learn from adversity. Through character education programs, counselling services, and a supportive network, schools can help students develop the perseverance and resilience needed to overcome obstacles, fuelling their aspirations.

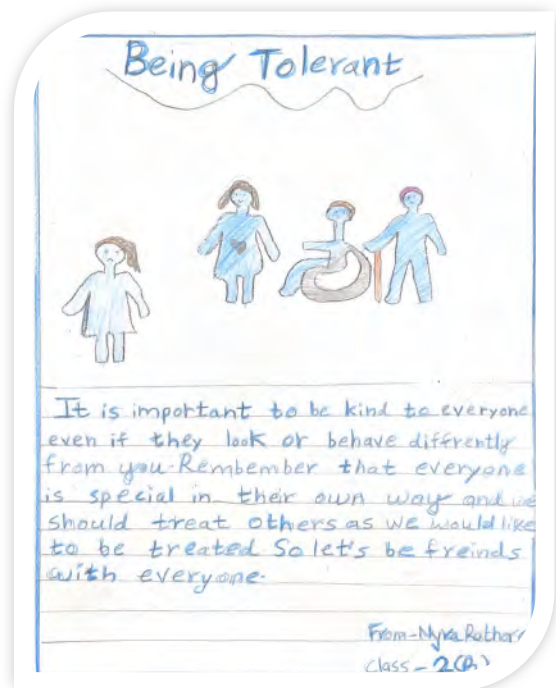
In conclusion, dreams and aspirations form the foundation of a school student's journey towards personal growth and achievement. By nurturing these dreams, schools can empower students, unlock their potential, and contribute to a future generation of confident, ambitious individuals ready to make a positive impact on the world.

TRISTAN ALMEIDA
GRADE 12 B

MY SPACE



By KARTHIK RAHUL
 Grade - 2A



By NYRA
 Grade - 2B

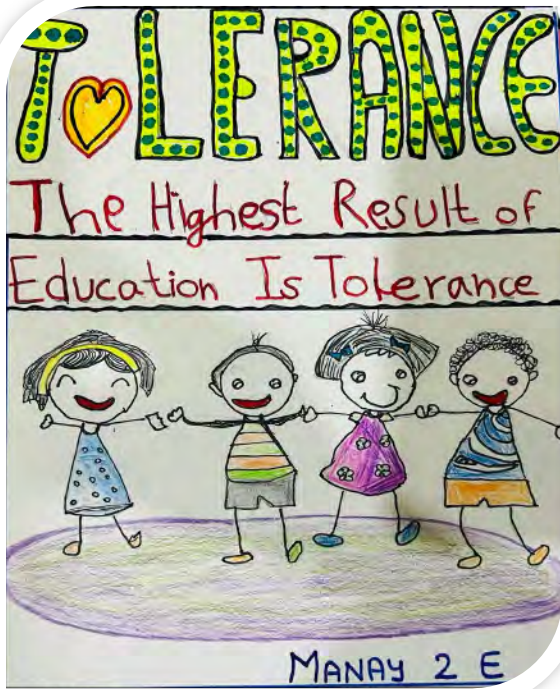


By AAYANSH ANURAG VARMA
 Grade - 2C



By ANJALI MENON
 Grade - 2D

MY SPACE



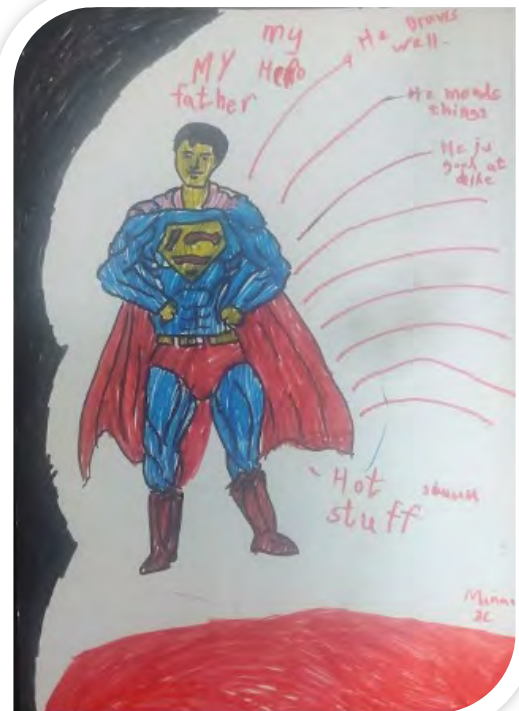
By MANAY PANDEY
 Grade - 2E



By ANJNEYA KUMAR
 Grade - 3A

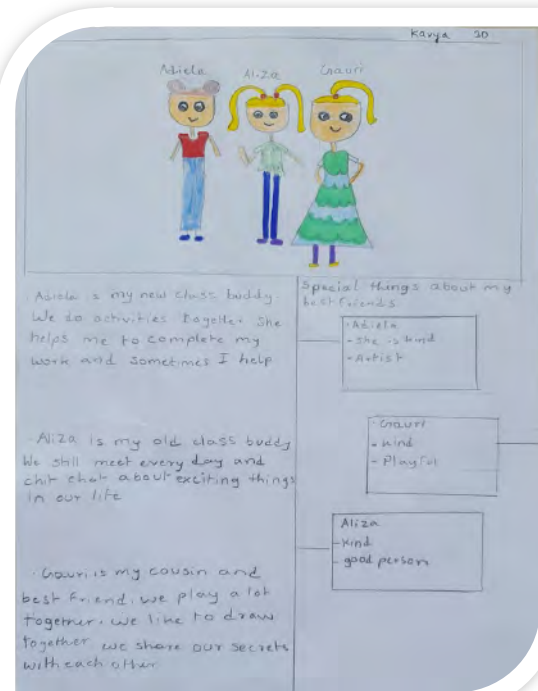


By PRISHA GOYAL
 Grade - 3B

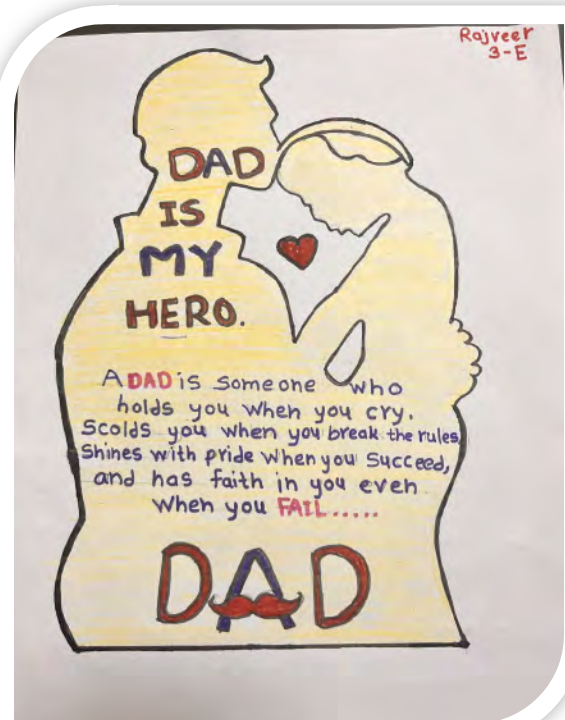


By MANAS KULKARNI
 Grade - 3C

MY SPACE



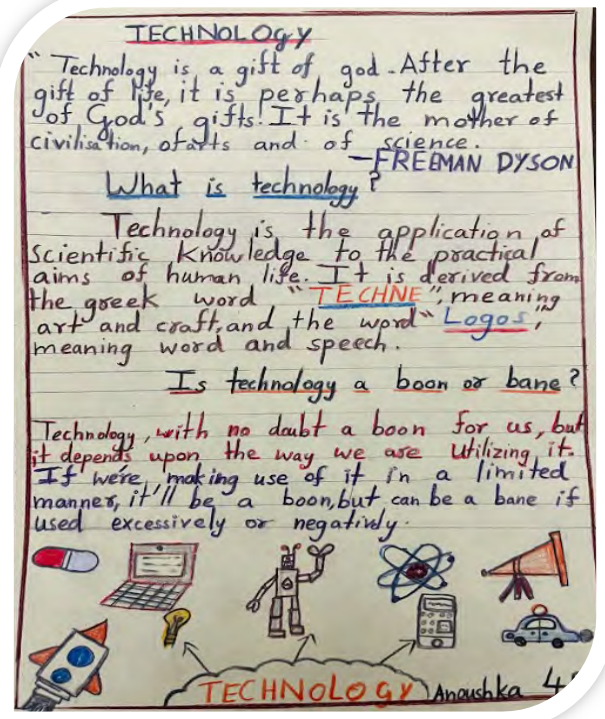
By KAVYA
 Grade - 3D



By RAJVEER MANOJ SALVI
 Grade - 3E

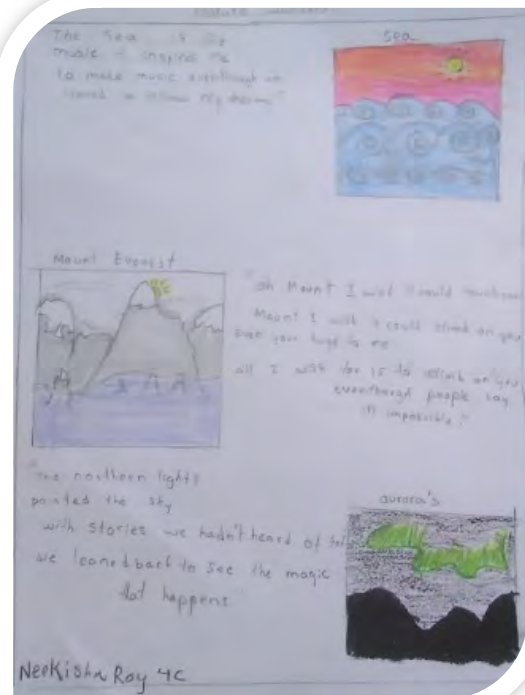


By CHRIS FERNANDES
 Grade - 4A

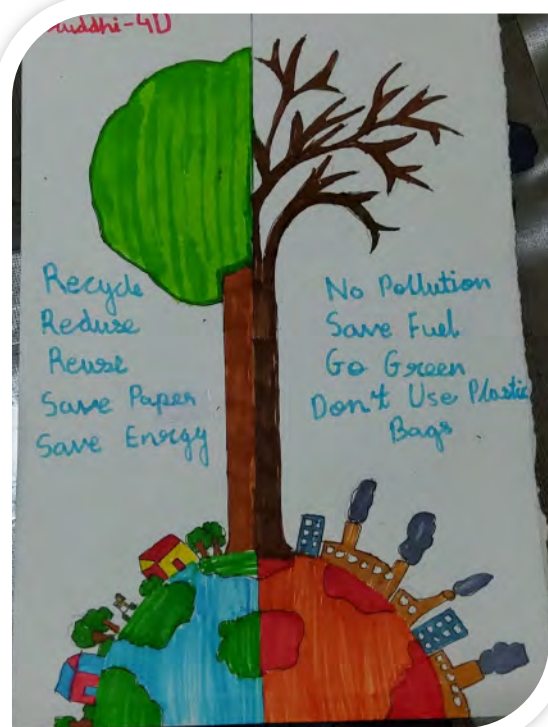


By ANOUSHKA
 Grade - 4B

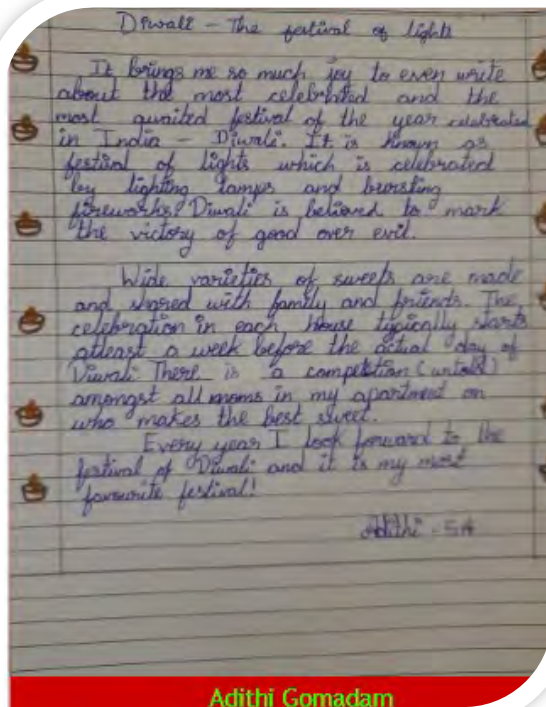
MY SPACE



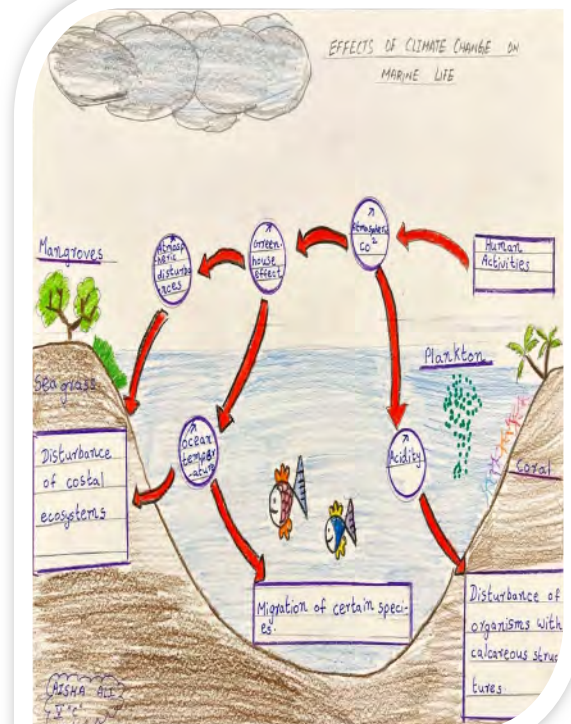
By NEEKISHA ROY
 Grade - 4C



By VRUDDHI DARJI
 Grade - 4D



By ADITI GOMADAM
 Grade - 5A



By RAJVAISHA ALI
 Grade - 5C

FATHER'S DAY CELEBRATION

Kindergarten campus was buzzing with celebration of Father's Day and International Day of Yoga.

Dads took time out of their busy schedule to celebrate with the little ones. Little Ambassadors and their superheroes did a whole body workout through a power packed Musical Yoga containing high energy warm up, flexible and stretchy yoga 'asanas' over soothing music, relaxing through Laughter Yoga and the most calming moments of meditation... to make them happy and healthy!

The love bands made by dad and little ones were the beautiful take away! Games, music, hugs and cuddles were the cherished moments of the day!



INTERNATIONAL YOGA DAY CELEBRATION

21st June marks the Summer Solstice for Northern Hemisphere, when the solar energy and vibes are received maximum by the all the places north of the Equator, and thus a great day to celebrate International Yoga Day: "Breathe in the good vibes, breathe out the negativity". The children at Ambassador School showcased their energetic, alluring and enthusiastic performances, demonstrating advanced body poses highlighting the significance of yoga in today's world. The school recognizes yoga as a crucial part of a holistic approach to physical, mental, and emotional well-being, tailored to the age appropriateness of children, building coordination, balance, and strength.

Yoga's global celebration builds unity, raising awareness of its incredible benefits, reducing anxiety, stress, and boosting one's mood and behavior, all crucial for optimal health. The day's activities delighted the children, who recognized the importance of practicing yoga regularly, making it an integral part of their daily lives. Yoga is considered as an essential and highly beneficial practice for our children at Ambassador School and are trained for International level performances.

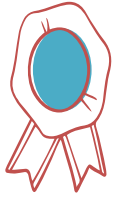
The school hopes that children continue to cherish and maintain this practice throughout their developmental years, strengthening their mind and body during their formative years, contributing positively to their future



WORLD ENVIRONMENT DAY CELEBRATION

5th June is just not a day to celebrate but to remember as an alert. The planet is not ours to own. It has provided home to all forms of life to survive and sustain peacefully, cohabit harmoniously. Our mounting ambitions have taken away many an innocent life nurtured by nature, we are going dangerously optimistic over all our misdoings with the planet. However, the generation today is more aware, more concerned than their predecessors and have taken up the cudgels to act fast and act well to rectify all that was done wrong to Nature. With hopes and determination going strong, our student community of all age groups have vowed to work for the betterment of the planet, understanding the sustainable goals and implementing smaller steps for a bigger cause of saving the planet and all the beautiful lives and adornments that make Earth so unique and so special



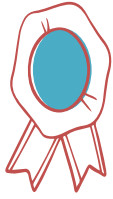


HALL OF FAME

Ambassador School, Dubai once again is brought to the limelight by Top Schools Awards 2023-24, being chosen as one of the finalists in the category of 'Best Indian Curriculum School in the UAE 2023-24'. Every stakeholder connected to Ambassador has a reason to celebrate and rejoice for this great recognition. Since its journey as ASD in 2013 as an independent school with its own set of mission, vision and goals set clearly for providing holistic education to the students in UAE, gearing them up as global citizens, equipped with 21st century skillsets, Ambassador Dubai has been on the right tracks fulfilling the dreams of many youngsters who chart out their routes to their chosen destination and writing success stories. ASD's recognition as one of the few of the finest schools providing high quality education, co-scholastic exposures and experiences along with a strong incorporation of STREAM for hands-on-learning and fully inclusive ethos providing care, guidance and support to students of varying abilities, is a wondrous journey of collaborative efforts and endeavours by the student body, excellent trained teachers and staff and led by an agile and goal-oriented Senior Leadership Team, supported by a visionary Management. Great achievements are indeed through lessons and challenges undertaken in the years gone by.

Congratulations TEAM ASD! We are unstoppable as we continue to weave new dreams and pave new roads to reach them.





HALL OF FAME

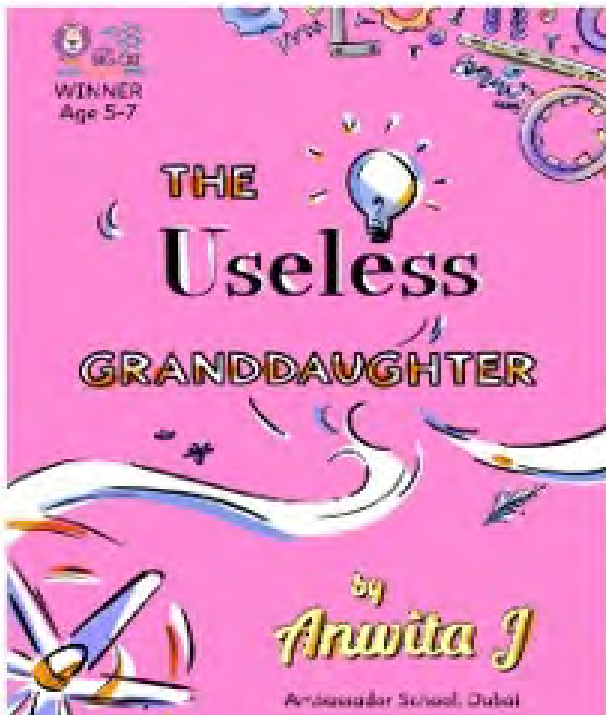
Anwita Jain, overall winner of the Collins Big Cat Writing Competition 2023!

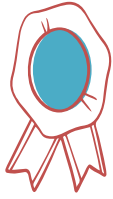
'Happiness lies in the joy of achievement and the thrill of creative effort'-
Franklin D. Roosevelt

Ambassador School Dubai takes immense pride and joy in announcing that our young Budding writer Anwita Jain from Grade 2B was declared the Overall winner of the Collins Big Cat Writing Competition 2023 under the 5-7 age category. Her story 'The Useless Granddaughter' gained recognition for her innocence and originality. One of Big Cat judges Ms. Lisa Rajan gave her feedback "I loved the way Sinya drew on her inner strengths and triumphed over her own personal doubts. The writing was optimistic and empathetic and celebrated imperfection, inventiveness and resourcefulness, which really highlights the human aspect of science and shows that science is for everyone. Well done on a very insightful piece of writing."

We are proud of Anwita's accomplishment and we wish her all the success in future. We hope this inspires many more budding writers from our school to participate and make use of such opportunities that help boost their skills in every way possible.

Congratulations Anwita! We are super proud of you!





HALL OF FAME

Abhinav Chamoli, First Runner's Up in International FLL Competition at Morocco.

Grade 11 student of Ambassador Dubai, Abhinav Chamoli is one happy student, who had the courage to step out of his comfort zone and pursue a goal in an unknown territory. Abhinav grabbed the opportunity to attend a globally recognized international competition FLL (First Lego League) in Morocco in May, 2023.

Abhinav first met his teammates in 2022 when they came together with the common passion for robotics and innovation and thus Team Googly emerged wherein he was nominated as the team Captain by the head coaches. The team headed out to Morocco that turned out to be a memorable trip. Despite the stress of the competition, they had a great time together, pursuing their passion, determined in their aspiration and at the same time strengthening their bond with each other, that speaks of great collaboration and team spirit.

The competition included presenting their project on innovation to a panel of judges, and Abhinav's team bagged the 2nd place from over 70 teams globally. Their project was futuristic and a retrofit model that formulated an effective plan to adapt renewable energy sources into the electrical grid on a large scale, eliminating problems on efficiency hindrance by predicting it at an earlier stage.

Our heartiest congratulations to Team Googly and Captain Abhinav Chamoli for steering his team to great success!



Well-being Calendar - July



<p>1</p> <p>Let in the good-</p> <p>Deliberately look out for good things today and acknowledge them</p>	<p>2</p> <p>Smile more-</p> <p>Choose to smile as often as you can and notice how it makes you feel</p>	<p>3</p> <p>Have a 10-minute tidy-</p> <p>Creating order in just one unruly corner can create inner calm, make you less irritable and more productive</p>	<p>4</p> <p>Say thank you-</p> <p>By text email or letter-writing a thank you is proven to boost happiness levels</p>	<p>5</p> <p>S-T-R-E-T-C-H-</p> <p>Make this a day when you move more and stretch after 40 minutes of sitting</p>	<p>6</p> <p>Be thankful-</p> <p>List three good things that happened in your day</p>	<p>7</p> <p>Do a good deed-</p> <p>Even small acts of giving can boost our well-being</p>
<p>8</p> <p>Take a digital holiday-</p> <p>Plan to turn off your phone and computer for half a day this weekend</p>	<p>9</p> <p>Do something new-</p> <p>Plan to do new over the break</p>	<p>10</p> <p>Enjoy your morning drink-</p> <p>From beginning to end, enjoy your Tea or coffee while it is still hot!</p>	<p>11</p> <p>Reach out-</p> <p>Call a friend and arrange to meet up</p>	<p>12</p> <p>Share your problem-</p> <p>Best friends are people who make your problems their problem, don't have to go through them alone</p>	<p>13</p> <p>Adopt a growth mindset. Change I can't into I can...yet-</p> <p>Nobody can go back and start a new beginning, but anyone can start today and make a new ending</p>	<p>14</p> <p>Hope is the last thing ever lost-</p> <p>Find 3 things you feel hopeful about and write them down</p>
<p>15</p> <p>Be a realistic, optimistic. Focus on what could go right-</p> <p>Stop being afraid of what could go wrong and think of what could go right</p>	<p>16</p> <p>Without music, life would be a mistake-</p> <p>Rediscover your favourite music that really lifts your spirit</p>	<p>17</p> <p>Look for the good in others and notice their strength-</p> <p>The sign of a beautiful person is that they always see beauty in others</p>	<p>18</p> <p>Stay hydrated, eat healthy food and boost your immune system-</p> <p>Eating healthy food fills your body with energy and nutrients. Imagine your cells smiling back at you and saying 'Thank you!'.</p>	<p>19</p> <p>Play a game that you enjoyed when you were young-</p> <p>Life is more fun if you play game</p>	<p>20</p> <p>Give yourself permission to say no-</p> <p>You have to learn to say no without feeling guilty, setting boundaries is healthy. You need to learn to respect and take care of yourself</p>	<p>21</p> <p>Write down 3 things you appreciate about yourself-</p> <p>Love yourself, appreciate yourself, see the good in you and respect yourself</p>
<p>22</p> <p>Aim to be good enough rather than perfect-</p> <p>Strive for continuous improvement, instead of perfection</p>	<p>23</p> <p>Ask trusted friends to tell you what strengths they see in you-</p> <p>A true friend knows your weakness but reminds you of your strengths</p>	<p>24</p> <p>Avoid saying 'I should' and make time to do nothing-</p> <p>Today I will do absolutely nothing</p>	<p>25</p> <p>When you find things hard, remember it's ok not to be ok-</p> <p>You are the author of your own story. If you don't like where this chapter is going, it's ok to start a new one</p>	<p>26</p> <p>The highest spiritual practice is self-observation without judgement-</p> <p>Notice what you are feeling, without any judgement</p>	<p>27</p> <p>Strength is a matter of a made up mind-</p> <p>Find a new way to use one of your strengths or talents</p>	<p>28</p> <p>Choose to see your mistakes as steps to help you learn-</p> <p>You cannot travel back in time to fix your mistakes, but you can learn from them and forgive yourself for not knowing better</p>
<p>29</p> <p>Remind yourself that you are enough just as you are-</p> <p>You're allowed to assert your needs and take up space. You're allowed to hold onto the truth that who you are is exactly enough</p>	<p>30</p> <p>Leave positive message for yourself to see regularly-</p> <p>You have brains in your head, you have feet in your shoes, you can steer yourself any direction you choose</p>	<p>31</p> <p>Let's take a pause-</p> <p>This is the last day of the month, pause for a moment and reflect on all you have achieved this month</p>				

